

NECESSARY CLOTHES AND EQUIPMENT

In addition to ordinary everyday wear, you will need:

For the church services

- Choir robes and ribbons (unless you have registered to borrow robes at camp)
- Smart clothes, appropriate for church:
 - white shirt and tie, or smart top, with smart, dark trousers (not denim or jeans) or skirt or smart dress
 - dark shoes (no high heels)

For the concert

- Smart clothes
 - white shirt and tie, or smart top, with smart trousers (not denim or jeans) or skirt or smart dress
 - smart shoes

For outdoor and sports

- Water bottle ½–1 litre (inexpensive plastic from supermarket is ideal – label will be supplied)
- Waterproof jacket
- Warm fleece or hoody
- Sports clothes and shoes
- Wellington boots or other waterproof shoes
- Old trainers/gym shoes (these will get wet during dam-building)
- Swimming kit and towel (useful for dam-building)

For overnights

- Bed roll*
- Sleeping bag
- Pillow
- Towel
- Toiletries
- A small torch

**please do not bring camp beds or air beds (their noise disturbs others and there is not space to accommodate them)*

Medication - any prescription medicines etc required.

If medicines need to be kept secure please bring them in a secure container. (Any special requests should be noted on the *Pre-Camp Registration Form* including storage of spare medication by the Camp's Health Team).

Choristers bringing EpiPens are strongly advised to bring two – one to be carried with them and one to be held by the Camp's Health Team. We also invite you on the *Pre-Camp Registration Form* to authorise Camp staff to supply common items of medication as required.

Please note that, although the Health Team are on hand, choristers are expected generally to be responsible for their own medication. Non-prescription products, such as sun cream, insect repellent, throat lozenges, girls' hygiene etc should be brought as necessary (supplies are also kept by the Health Team).

Pocket money - between £5-£15 is recommended – this is to be handed to Bankers on arrival for safekeeping and then available as required

A tuck shop is open twice a day but parents are particularly asked not to send substantial quantities of 'junk food'. The Camp menus are carefully thought out and it is important for choristers to eat well in the interests of good health and good singing. Please also avoid chewing gum!

PLEASE NAME/LABEL CLOTHES AND POSSESSIONS!